Assemble Snack Bags for Teens @ UMOM Day Centers

Description:
UMOM Day Centers is the largest family shelter in Arizona. Currently, they are not able to provide any food/snacks to the teen residents that participate in their after school program. Knowing the importance proper nutrition plays in learning, Families Giving Back wants to help provide healthy snacks for these deserving teens.

Instructions:
Your children can decorate plain lunch bags (any color is fine) with stickers, markers, crayons, etc. They can be as creative as they’d like and make as many as they’d like! Children are also welcome to include an inspirational note in the bag. We just ask that any verbiage on the bags or note does not include religious references or reference the recipient’s living situation. Positive messages like “You’re Awesome!”, Hope you have a great day!” etc. are great. Once the bags are made, fill each with a granola bar (no nuts), bag of crackers (Goldfish etc.) or pretzels, a bottled water, and a pen or pencil.

The completed bags can be dropped off any time at UMOM, located at 3333 East Van Buren in Phoenix. Be sure to let them know they are from Families Giving Back!

To learn more about UMOM Day Centers please visit their website at www.umom.org